



SKYCLARYS[®]
(omaveloxolone) 50 mg capsules

Patients featured are paid spokespersons for Biogen.

SPEAKING SKYCLARYS

Whether the topic is getting started on treatment, dosing, setting goals, or anything in between, this guide can help you talk to your doctor about taking SKYCLARYS for Friedreich ataxia (FA).

Navigating life with FA can be challenging, but getting on the same page with your doctor doesn't need to be.

What is SKYCLARYS?

- ▶ SKYCLARYS[®] (omaveloxolone) is used for the treatment of Friedreich ataxia in adults and children aged 16 years and older. It is not known if SKYCLARYS is safe and effective for use in children younger than 16 years of age

Please see Important Safety Information throughout and full Prescribing Information, including Patient Information.

Questions to ask yourself when considering SKYCLARYS

Remember, with FA, everyday activities like walking and talking may get harder over time—but when and how are different for everyone. Your answers below may help your doctor determine if SKYCLARYS is right for you.

○ How is FA currently impacting my day-to-day activities?

○ What physical abilities—like mobility, coordination, or speech—matter the most to me?

○ Is there anything else I want my doctor to know about my experience with FA and how it's progressing?

IMPORTANT SAFETY INFORMATION

What are the possible side effects of SKYCLARYS?

SKYCLARYS may cause serious side effects, including:

- ▶ **Increase in blood liver enzymes:** Some people taking SKYCLARYS have had an increase in the level of liver enzymes in their blood. Your healthcare provider will do liver function tests
 - before you start taking SKYCLARYS
 - every month for the first 3 months after starting your treatment with SKYCLARYS
 - during certain times as needed while taking SKYCLARYS

If your liver enzymes increase, your healthcare provider may change your dose, stop treatment for some time, or completely stop treatment with SKYCLARYS.

Please see Important Safety Information throughout and full Prescribing Information, including Patient Information.



Treatment Expectations



Working with your doctor to set specific goals

Ask your doctor the questions below to learn about the clinical trial results for SKYCLARYS and identify your treatment goals. Every person's experience with FA is different—make sure you're setting the expectations that are right for you.

- Can you explain how SKYCLARYS may help treat my FA?
- What goals can we set for my personal treatment plan?
- How will we be measuring my FA progression?

Use the space below to capture any thoughts before your appointment or to take notes throughout the conversation with your doctor.

IMPORTANT SAFETY INFORMATION (cont'd)

What are the possible side effects of SKYCLARYS? (cont'd)

SKYCLARYS may cause serious side effects, including (cont'd):

- ▶ **Increase in a blood protein called B-Type Natriuretic Peptide (BNP).** BNP tells how well your heart is working. Your healthcare provider will check your BNP levels before your treatment with SKYCLARYS. Tell your healthcare provider if you have signs and symptoms of your heart not working well such as too much fluid in your body (fluid overload). Signs and symptoms may include:
 - sudden weight gain (3 pounds or more of weight gain in 1 day, or 5 pounds or more of weight gain in 1 week)
 - swelling in your arms, hands, legs, or feet (peripheral edema)
 - fast heartbeat (palpitations)
 - shortness of breath

If you have symptoms of fluid overload that is considered a side effect of SKYCLARYS, your healthcare provider may stop treatment with SKYCLARYS.

Please see Important Safety Information throughout and full Prescribing Information, including Patient Information.



Understanding the potential side effects of SKYCLARYS

Below are some questions you can ask your doctor to better understand the safety profile for SKYCLARYS and how to manage side effects, if they occur. Keep in mind that scheduled check-ins with your doctor are opportunities to talk about how you're doing, what's changed, and what matters to you.

- Can you explain all the possible side effects of SKYCLARYS, and how long they potentially last?
- If I am experiencing side effects, what is our plan to manage them?
- When should I schedule my follow-up appointments?

Use the space below to capture any thoughts before your appointment or to take notes throughout the conversation with your doctor.

IMPORTANT SAFETY INFORMATION (cont'd)

What are the possible side effects of SKYCLARYS? (cont'd)

SKYCLARYS may cause serious side effects, including (cont'd):

- ▶ **Changes in cholesterol levels.** Increases in low density lipoprotein cholesterol (LDL-C) or bad cholesterol and decreases in high density lipoprotein cholesterol (HDL-C) or good cholesterol have happened during treatment with SKYCLARYS. Your healthcare provider will check your cholesterol levels before and during your treatment with SKYCLARYS

The most common side effects of SKYCLARYS include: increased liver enzymes (ALT/AST), headache, nausea, stomach pain, tiredness, diarrhea, and muscle pain.

Please see Important Safety Information throughout and full Prescribing Information, including Patient Information.



Dosing

Working with your doctor to create a routine

It's important to take SKYCLARYS exactly as your doctor prescribes. Below are some questions you can ask to make sure you understand their dosing guidance.

- How often should I take SKYCLARYS?
- Should SKYCLARYS be taken with or without food?
- What happens if I miss a dose?
- Is there anything I should avoid when taking SKYCLARYS?
- How can I remember to take my treatment every day?



*Scan the QR code to download the **SKYCLARYS Dosing Tracker**. This tool helps you stay on top of when your prescription will arrive and when you'll need a refill*

Use the space below to capture any thoughts before your appointment or to take notes throughout the conversation with your doctor.

IMPORTANT SAFETY INFORMATION (cont'd)

Before taking SKYCLARYS, tell your healthcare provider about all of your medical conditions, including if you:

- ▶ have liver problems
- ▶ have a history of heart problems, including heart failure
- ▶ have a high level of fat in your blood (high blood cholesterol)
- ▶ are pregnant or plan to become pregnant. It is not known if SKYCLARYS will harm your unborn baby. Women who use hormonal birth control should use another form of birth control such as a non-hormonal intrauterine system or an extra non-hormonal birth control such as condoms while using SKYCLARYS and for 28 days after stopping SKYCLARYS

Please see Important Safety Information throughout and full Prescribing Information, including Patient Information.



The importance of taking SKYCLARYS over time

Consistency is key when taking SKYCLARYS. Since FA is a long-term condition, treating it takes commitment. That's why it's important to keep an open line of communication with your doctor and revisit your goals with them as time goes on. Below are questions you can ask your doctor to help you stay on the right course.

- How am I tracking on my current goals and can we discuss longer-term ones?
- What other clinical trial information is there about longer-term use of SKYCLARYS?
- What else can help me feel prepared for the road ahead?

Questions to ask yourself to reflect on your experience and goals

- What have I or my loved ones noticed since starting SKYCLARYS to treat my FA?
- What strategies have been helpful in managing my FA and overcoming challenges?
- Do I have any new thoughts or questions about my long-term health?

IMPORTANT SAFETY INFORMATION (cont'd)

Before taking SKYCLARYS, tell your healthcare provider about all of your medical conditions, including if you (cont'd):

- ▶ Pregnancy exposure registry: There is a pregnancy registry for women who are pregnant and are taking SKYCLARYS. The purpose of this registry is to collect information about the health of you and your baby. Your healthcare provider can enroll you or you may enroll yourself by calling [1-866-609-1785](tel:1-866-609-1785) or by sending an email to SkyclarysPregnancySurveillance@ppd.com

Please see Important Safety Information throughout and full Prescribing Information, including Patient Information.



Understanding your treatment plan and the support that's available to you

Your doctor and a support services team from the **Biogen REACH program** are there to make sure you have the best experience possible. Below are some questions that can guide your treatment journey.

- What should I know about cost, insurance, and access?
- What steps do I take before I can receive SKYCLARYS and start taking it?
- What kind of support services are available?
- Who can I contact if I have questions along the way?
- How will I get my refills?

Use the space below to capture any thoughts before your appointment or to take notes throughout the conversation with your doctor.

IMPORTANT SAFETY INFORMATION (cont'd)

Before taking SKYCLARYS, tell your healthcare provider about all of your medical conditions, including if you (cont'd):

- ▶ are breastfeeding or plan to breastfeed. It is not known if SKYCLARYS passes into your breast milk. Talk to your healthcare provider about the best way to feed your baby if you take SKYCLARYS

Please see Important Safety Information throughout and full Prescribing Information, including Patient Information.

LIFE WITH FA IS DIFFERENT FOR EVERYONE

Your hopes and questions are valid, and you have a team that is committed to supporting your journey.



Register for educational events near you

Discover free [SKYCLARYS Spotlight events](#), where you can learn more about SKYCLARYS and meet people already on treatment.

Patients featured are paid spokespersons for Biogen.

IMPORTANT SAFETY INFORMATION (cont'd)

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements such as St. John's Wort.

- ▶ Taking SKYCLARYS with other medicines can cause serious side effects
- ▶ SKYCLARYS may affect the way other medicines work, and other medicines may affect how SKYCLARYS works
- ▶ Know the medicines you take. Keep a list of them to show to your healthcare provider and pharmacist when you get a new medicine

What should I avoid while taking SKYCLARYS?

- ▶ Do not drink grapefruit juice or eat grapefruit. These may change the amount of SKYCLARYS in your blood

These are not all the possible side effects of SKYCLARYS. For more information, ask your healthcare provider or pharmacist.

Call your doctor for medical advice about side effects. You may report side effects to FDA at [1-800-FDA-1088](tel:1-800-FDA-1088).

Please see Important Safety Information throughout and full [Prescribing Information](#), including [Patient Information](#).

Intended for a US audience.

©2026 Biogen. All rights reserved. SKY-US-1259v2 03/26
225 Binney Street, Cambridge, MA 02142

SKYCLARYS[®]
(omaveloxolone) 50 mg capsules

 **Biogen**[®]